



Menthol flavoring in tobacco makes it easy to start smoking, but even harder to quit.

On May 21st, let's work together to say no to menthol in honor of No Menthol Sunday.

Visit [NoMentholSunday.org](http://NoMentholSunday.org) for tips and information. #NMS2023 #NoMentholSunday



The tobacco industry has never cared about your health. And just because 'everyone is doing it', doesn't mean you have to do it too.

Dare to be different on No Menthol Sunday and start your quit journey today!

Go to [NoMentholSunday.org](http://NoMentholSunday.org) for details #NMS2023 #NoMentholSunday

**LEAD THE WAY TO A  
SMOKE-FREE WORLD ON  
NO MENTHOL SUNDAY.**



**BE A LEADER!**

Yes, even you can start a movement to optimize the health of your community. Lead the way on No Menthol Sunday.

More information available now on [NoMentholSunday.org](https://NoMentholSunday.org)

#NMS2023 #NoMentholSunday